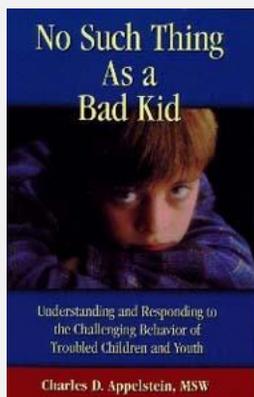


No Such Thing As a Bad Kid



Understanding and Responding to Kids with Emotional & Behavioral Challenges Using a Positive, Trauma-Informed, Strength-Based Approach

Two FREE Half-Day Workshops for Educators, Parents & Professionals Guiding Children, Youth & Families Struggling with Emotional and Behavioral Issues

Presented by renowned youth care expert & author, **Charlie Appelstein, MSW**
Sponsored by **Solano Community College Foster Kinship Care Education Program**
and the **Vacaville FIRST Office**

"Charlie should be cloned. America's schools need him."

Kate Schluter, Former Executive Director, Middlesex Partnerships for Youth, MA.

"Charlie is the best youth care trainer in America."

Robert Lieberman, Former President, American Association of Children's Residential Centers

April 26, 2016

9:30am-12:30pm at the Vacaville City Council Chambers
or 6:00pm-9pm at the Will C. Wood High School Theater
Registration Required Online at www.fosterluv.com

The Program

Strength-based practice is an emerging approach to guiding at-risk children, youth, and families that is exceptionally positive and inspiring. Its focus is on strength-building rather than flaw-fixing. This engaging yet powerful workshop will highlight many of the key principles and techniques of this transforming modality. Topics covered: What is strength-based practice and the power of a positive attitude and culture; the effects of trauma and positive emotions on the brain, strength-based communication techniques including reframing, solution-focused questions, positive predicting and inspirational metaphors; how to help cognitively inflexible young people; strategies and activities for enhancing self-esteem in at-risk kids; a host of creative cognitive-behavioral techniques; de-escalation strategies; respectful limit-setting; keys for engaging families, and strategies for helping professionals manage number one first.

About the Presenter:

Charlie Appelstein, M.S.W. is a nationally prominent youth care specialist and author who trains and consults throughout the US and internationally. He has authored three youth care books that are widely used within the field, including *No Such Thing as a Bad Kid: Understanding and Responding to the Challenging Behavior of Troubled Children and Youth*